

2010 First Night State College 5K Resolution Run

Dec. 31, 6:30p.m.; corner of College Ave. and Allen St.

Co-presented with Nittany Valley Running Club

Runners and fast walkers can speed into the New Year on a certified, mostly flat, wheel-measured course around the streets of Penn State Campus, starting and finishing on College Avenue. Chip timing will be provided by Runners High. Plaques go to the 1st, 2nd, and 3rd overall male and female runners and 1st and 2nd in the masters (40+) division. Framed certificates will be given to the top 3 men and women in these age groups: 5-19 in 3-yr splits and 20-89 in 5-year splits.

First Night State College encourages runners and spectators to wear costumes. A plaque will be awarded to the best and most original costume worn by a runner.

One 2010 First Night State College button and a long-sleeved tee shirt will go to the first 640 registrants. Registration fee is \$18.50 if postmarked on or before Dec. 24, 2009. Thereafter registration is \$20. As a special incentive for runners ages nineteen (19) and under only: \$9 for pre-race registration, \$10 thereafter. (Note: FNCS Button not included in this package)

Runners can register or pick up race packets on Wednesday, Dec. 30th from 3 to 7 p.m. at the State College Municipal Building Lobby, 243 South Allen Street, State College, or on race day between 4 and 6 p.m. at St. Paul's Church basketball court. This location will also serve as baggage storage during the race and post-race refreshments and awards. For further information, please contact First Night State College (814) 237-3682 or Race Director Dave Egler (814) 571-1960 (egler@geosc.psu.edu). Race results are available at www.nvrun.com.

Name: _____ Sex: _____

Address: _____

Email: _____

Age on Race Day: _____ Phone Number: _____

Shirt Size (circle) YOUTH: L ADULT: S/M/L/XL/XXL

(Circle one) MasterCard/VISA/Discover Card # _____ Exp. _____

In consideration of the acceptance of my entry, and intending to be legally bound, I hereby, for myself, my heirs, my executors and administrators, do waive, release, and discharge all rights and any claims which I may have, or which may hereafter accrue to me, against the Central Pennsylvania Festival of the Arts dba First Night State College, the Pennsylvania State University, State College Borough, any or all members of the Nittany Valley Running Club, and all named and unnamed sponsors and volunteers, while traveling to and from the event, participating in the event, or using any and all facilities, for any and all injuries suffered by me in this event. I understand that any race is potentially dangerous and hereby attest and affirm that I am sufficiently conditioned for this event.

Signature of entrant: _____ Date Received: _____ (Ofc)

Signature of parent/guardian (if entrant is under 18 years of age): _____

Make checks payable to: First Night State College. MasterCard, VISA, Discover cards accepted for faxed entries only at (814) 237-0708. Hand deliver or mail registration to First Night State College, 403 South Allen St. Suite #205A, P.O. Box 1023, State College, PA 16804.